



## Pudendal Neuralgia.

### What every medical professional should know. A patient's perspective.

When a patient (male or female) presents with chronic, undiagnosed pelvic pain, it can be extremely frustrating for both the medical profession as well as the sufferer.

The internet has brought together people from all around the world, who suffer intense, chronic pain of the genitalia, rectum, sacrum and of the lower extremities with no physical signs of disease. Many of these people will go through life with no positive diagnosis for their pain. Medication gives little or no relief to the sufferer. The pain is so underestimated by the medical profession and many people have been known to take their own lives because the pain is just so intolerable and debilitating that they simply cannot go on.

Recent research has shown that a number of these people could be suffering from Pudendal Neuralgia or PN as it is often referred to. People with PN will have many challenges to deal with, i.e. relationships, loss of job, loss of friendships, becoming dependant on others, dealing with frustration, anger and resentment as well as financial problems.

PN sufferers face a medical world that is still learning of their condition, disability departments that do not recognise their illness, and a lack of places to turn to for advice and support.

It can be difficult to understand just how to treat these patients as this condition is so very often misdiagnosed and very much under-researched. As a result doctors will eventually refer the patient to a psychiatrist

or psychologist to help them deal with the pain.

The lack of knowledge in this area needs to be addressed in every country therefore we'd like to introduce you to **HOPE**.

[Health Organization for Pudendal Education](http://www.pudendalhope.org).

**HOPE** is a charitable non-profit, tax exempt organization fully supported by specialists from France, Belgium, UK, USA, Australia and recently many more countries that are now learning more about Pudendal Neuralgia as a cause of chronic, undiagnosed pelvic pain.

Established in 2009, our organization offers online support and information for people suffering the pain of Pudendal Neuralgia.

Unfortunately, many in the medical profession still have much to learn regarding PN and there is very little public awareness of it. Due to the rareness of the illness, and the sensitive location of the injury, there is a lack of support from the general public for sufferers of PN.

We would like our website to be visited by every doctor, nurse, therapist or anyone suffering from this horrendous pain in order for them to learn more about the condition.

Sometimes it takes the public to raise awareness of a medical diagnosis and treatment before the health profession gives it the recognition it so rightly deserves. We ask every health care professional to please support us in our crusade to raise awareness of Pudendal Neuralgia and Pudendal Nerve Entrapment. Information and contacts of worldwide specialists in PN can be found at our website [www.pudendalhope.org](http://www.pudendalhope.org)

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